

PATIENT'S NAME:

MEDICATION: alprazolam (Brand names are Apo-Alpraz, Novo-Alprazol, Nu-Alpraz, Xanax, Xanax TS, and Xanax XR.)

WHAT IT'S USED FOR: Alprazolam is used to treat anxiety and panic attacks.

HOW TO TAKE IT

- Swallow extended-release tablets whole without crushing or chewing.
- Do not take with grapefruit juice.

WARNINGS & PRECAUTIONS!

- Before taking this drug, tell prescriber if you have glaucoma or liver disease.
- Don't stop taking this drug suddenly. Withdrawal symptoms, including seizures, may occur if the dosage isn't tapered carefully.
- Know that this drug may make you more depressed, angry, or hostile. Contact prescriber immediately if you think you may pose a danger to yourself or others.
- Be aware that this drug may cause tremors, muscle rigidity, and other movement problems. Report these effects to your prescriber.
- Avoid driving and other hazardous activities until you know how the drug affects your concentration and alertness.
- Be aware that smoking makes this drug less effective.
- Tell your prescriber if you are pregnant or breastfeeding.

SIDE EFFECTS

This drug may cause dizziness, drowsiness, depression, fatigue, light-headedness, disorientation, anger, hostility, giddiness, hypomanic episodes, restlessness, confusion, crying, delirium, vivid dreams, headache, stupor, rigidity, tremor, numbness and tingling sensations, involuntary eye or body movements, slow or fast heart rate, high or low blood pressure, palpitations, blurred or double vision, nystagmus, nasal congestion, dry mouth, stomach problems, difficulty swallowing, appetite loss, increased salivation, menstrual irregularities, urinary retention, urinary incontinence, change in sex drive, enlarged breasts, serious blood disorders, liver problems, hepatitis, muscle contractions or rigidity, joint pain, rash, itching, hives, increased sweating, weight gain or loss, hiccups, fever, swelling, psychological drug dependence, or drug tolerance. Notify prescriber of all serious or bothersome symptoms.

INTERACTIONS

- Alprazolam may interact with antidepressants, antihistamines, other benzodiazepines, opioids, barbiturates, rifampin, cimetidine, disulfiram, erythromycin, hormonal contraceptives, isoniazid, ketoconazole, metoprolol, propoxyphene, propranolol, valproic acid, digoxin, levodopa, theophylline, and some antidepressants. Tell all prescribers that you are taking this drug.
- Don't take herbs without consulting your prescriber.
- Avoid alcohol while taking this drug.

STORAGE

- Store drug at a controlled room temperature of 68° to 77° F.

ADDITIONAL POINTS:

Your initials: _____

Date: _____

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