

**PATIENT'S NAME:****MEDICATION:** glimepiride (Brand name is Amaryl.)**WHAT IT'S USED FOR:** Glimepiride is used to treat diabetes mellitus.**HOW TO TAKE IT**

- Take drug with the first meal of the day.

**WARNINGS & PRECAUTIONS!**

- Before taking this drug, tell your prescriber if you have kidney, liver, or thyroid disease.
- Know that glimepiride may be prescribed alone or with another antidiabetic pill or insulin.
- Don't stop taking this drug without consulting with your prescriber.
- Be aware that symptoms of low blood sugar include pale, moist, or sweaty skin; shallow breathing; hunger; shakiness; irritability; fatigue; and anxiety. If you suddenly develop any of these symptoms, take a fast-acting sugar source (such as orange juice, a nondiet soft drink, or glucose tablets), seek emergency treatment, and notify your prescriber immediately. Keep a fast-acting sugar source with you at all times.
- Know that symptoms of high blood sugar include thirst, fruity breath odor, flushed and dry skin, deep and labored breathing, nausea, excessive urination, sleepiness or sluggishness. These symptoms mean that your medication is not working as well as it should. If they occur, drink a lot of water or a sugar-free beverage and call your prescriber.
- Contact your prescriber immediately if you develop a fever, sore throat, skin rash, yellowing of the eyes and skin, or unusual bruising or bleeding.
- Avoid excessive exposure to sunlight and ultraviolet light.
- Avoid driving and other hazardous activities until you know how this drug affects your concentration and alertness.
- Wear or carry medical identification stating that you have diabetes mellitus.
- Know that you need to follow a diabetic diet and exercise program while taking this drug.
- Monitor your blood sugar level as prescribed.
- Tell your prescriber if you are pregnant or breastfeeding.

**SIDE EFFECTS**

This drug may cause dizziness; drowsiness; headache; weakness; increased risk of serious heart disease; blurred vision; nausea; vomiting; diarrhea; constipation; gastrointestinal cramps; heartburn; stomach upset; appetite changes; serious blood disorders; yellowing of the skin or eyes; hepatitis; low blood sugar; high cholesterol level; swelling of the lips, tongue, or throat with difficulty breathing; increased sensitivity to sunlight or ultraviolet light; skin rash or redness; hives; or eczema. Notify your prescriber of all serious or bothersome symptoms.

**INTERACTIONS**

- Glimepiride may interact with many drugs, including testosterone, chloramphenicol, clofibrate, guanethidine, drugs for depression called MAO inhibitors, tricyclic antidepressants, nonsteroidal anti-inflammatory drugs (except diclofenac), aspirin and other salicylates, sulfonamides, beta blockers, calcium channel blockers, corticosteroids, estrogens, hydantoin, hormonal contraceptives, isoniazid, nicotinic acid, phenothiazines, phenytoin, rifampin, sympathomimetics, thiazide diuretics, thyroid preparations, and warfarin. Tell all prescribers that you are taking it.
- Don't take herbs without consulting your prescriber.
- Avoid alcohol while taking this drug, because a serious adverse reaction may occur.

**STORAGE**

- Store drug in a tightly closed container at 59° to 86° F.

**ADDITIONAL POINTS:**

Your initials: \_\_\_\_\_

Date: \_\_\_\_\_

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