

PATIENT'S NAME:

MEDICATION: allopurinol (Brand names include Alloprim, Apo-Allopurinol, Lopurin, Purinol, and Zyloprim.)

WHAT IT'S USED FOR: Allopurinol is used to prevent or treat gout attacks.

HOW TO TAKE IT

- Take drug with or right after meals.
- Don't take drug with mineral water, orange juice, or beverages that contain caffeine.

WARNINGS & PRECAUTIONS!

- Don't take this drug if you have had a severe allergic reaction to it in the past.
- Notify your prescriber right away if you experience skin rash, yellowing of skin or eyes, unusual tiredness, painful urination, blood in your urine, eye irritation, or swelling of the lips or mouth.
- Avoid driving and other hazardous activities until you know how the drug affects your concentration and alertness.
- Tell prescriber if you are pregnant or breastfeeding.

SIDE EFFECTS

Besides those side effects listed above under "Warnings and Precautions," allopurinol may cause drowsiness, dizziness, headache, numbness, tingling, inflammation of a vein, cataracts and other eye problems, nosebleed, nausea, vomiting, diarrhea, stomach pain, heartburn, gastritis, inability to taste or abnormal taste, anemia, kidney stones and other serious urinary problems, serious blood disorders (which may cause easy bleeding or bruising), serious liver problems, joint or muscle pain, rash, scaly skin, itching, loss of head hair, painful sores in the nose, serious skin disorders, fever, chills, or allergic reactions. Notify your prescriber if any of these symptoms become bothersome.

INTERACTIONS

- Allopurinol may interact with many drugs. Tell all prescribers that you're taking this drug.
- Consult your prescriber before taking large doses of vitamin C, because it may increase your risk of kidney stones while taking this drug.
- Avoid alcohol, orange juice, mineral water, and foods and beverages that contain caffeine.

STORAGE

- Store this drug at room temperature in a dry place. DON'T store it in the bathroom.

Additional points:

- Drink ten to twelve 8-ounce glasses of fluid every day.
- You'll have blood and urine tests while taking this drug.
- Gouty attacks may not ease completely until you've taken this drug for 2 to 6 weeks.

Your initials: _____

Date: _____

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