

**PATIENT'S NAME:**

**MEDICATION:** atenolol (Brand names are Apo-Atenolol, Novo-Aternolol, and Tenormin).

**WHAT IT'S USED FOR:** Atenolol is used to treat high blood pressure and a type of chest pain called angina.

**HOW TO TAKE IT**

- Measure your pulse before every dose. If your pulse is slower than 60 beats per minute, don't take the dose. Call prescriber for instructions.
- Take drug at same time every day.

**WARNINGS & PRECAUTIONS!**

- Don't stop taking this drug suddenly. The dosage must be tapered slowly.
- Notify prescriber immediately if you develop an allergic reaction, breathing problems, or chest pain.
- Know that drug may cause a temporary drop in blood pressure if you sit up or stand suddenly. Rise slowly and carefully.
- Avoid driving and other hazardous activities until you know how drug affects your concentration and alertness.
- Notify prescriber if you are pregnant or breastfeeding.

**SIDE EFFECTS**

This drug may cause fever, tiredness, weakness, dizziness, vertigo, drowsiness, depression, disorientation, short-term memory loss, high blood pressure, calf pain when walking, cold arms and legs, blood pressure decrease upon sitting up or standing suddenly, slow heart rate and other serious heart problems, blurred vision, dry eyes, eye irritation, conjunctivitis ("pink eye"), stuffy or runny nose, hoarse voice, spasm of voice box, nausea, vomiting diarrhea, constipation, stomach pain, passing gas, poor appetite, serious gastrointestinal problems, impotence, decreased sex drive, frequent urination at night, serious urinary problems, serious blood disorders, enlarged liver, low blood sugar, muscle cramps, back and joint pain, difficulty breathing, wheezing, respiratory distress and other serious respiratory problems, decreased ability to exercise, and allergic reactions. Notify prescriber of all bothersome or serious side effects.

**INTERACTIONS**

- Atenolol may interact with many drugs, including amiodarone, digoxin, diltiazem, verapamil, amphetamines, ephedrine, norepinephrine, phenylephrine, pseudoephedrine, ampicillin, calcium, aspirin, magnesium salicylate, anti-inflammatory drugs, clonidine, MAO inhibitors, prazosin, reserpine, and theophylline. Tell all prescribers that you are taking this drug.
- Avoid alcohol while taking this drug.

**STORAGE**

- Store in tightly closed, light-resistant container at controlled room temperature.

**ADDITIONAL POINTS:**

Your initials: \_\_\_\_\_

Date: \_\_\_\_\_