

**PATIENT'S NAME:**

**MEDICATION:** ciprofloxacin (Brand names are Ciloxan, Cipro, CiproHC Otic, and Cipro IV.)

**WHAT IT'S USED FOR:** Ciprofloxacin is used to treat various infections.

**HOW TO TAKE IT**

- Take drug with or without food.
- Don't take drug with dairy products (such as milk) or caffeinated beverages.
- Shake liquid form of drug for 15 seconds before taking each dose.
- Don't chew microcapsules present in the liquid form. Swallow them whole.
- Complete entire course of therapy as prescribed, even if you're feeling better. Otherwise, you may experience a worse recurrence of the infection.
- Don't use liquid form of drug in a nasogastric tube.

**WARNINGS & PRECAUTIONS!**

- Before starting this drug, tell prescriber if you've ever had a seizure.
- Stop taking drug and notify your prescriber immediately at the first sign of a rash.
- If you feel tendon pain, stop taking drug, avoid exercise, and contact prescriber immediately.
- Avoid driving and other hazardous activities until you know how this drug affects your concentration, alertness, motor function, and vision.
- Tell your prescriber if you are pregnant or breastfeeding.

**SIDE EFFECTS**

This drug may cause headache, restlessness, paranoia and other mental changes, agitation, light-headedness, weakness, shock, low blood pressure, irregular or fast heart beat, heart murmur, vision problems, nosebleed, nausea, diarrhea, bowel obstruction, mouth sores, inflammation of the pancreas, kidney stones, yellowing of skin and eyes, blood clots, serious liver disorder, muscle pain and aches, ruptured tendon, serious respiratory distress, increased skin sensitivity to sun or sun lamps, and rash. Notify your prescriber of serious or bothersome symptoms.

**INTERACTIONS**

- Ciprofloxacin may interact with many drugs. Tell all prescribers that you are taking it.
- Calcium, magnesium, or aluminum antacids, Carafate, iron, and zinc can decrease ciprofloxacin's absorption and effectiveness. Don't take them for at least 6 hours before or 2 hours after taking ciprofloxacin.
- This drug may make hormonal contraceptives ineffective. Use an alternate birth-control method during therapy.
- Avoid excessive caffeine intake.
- Don't take the herb fennel without consulting prescriber.

**STORAGE**

- Store tablets at room temperature.
- Refrigerate liquid form but don't freeze it.

**ADDITIONAL POINTS:**

- Drink 8 ounces of water every hour while awake to stay well hydrated.
- Avoid excessive exposure to sunlight or sun lamps; apply sunscreen before going outdoors.
- Use an alternative birth-control method (such as condoms) if you're taking hormonal contraceptives.

Your initials: \_\_\_\_\_

Date: \_\_\_\_\_