

**PATIENT'S NAME:****MEDICATION:** rosuvastatin calcium (Brand name is Crestor.)**WHAT IT'S USED FOR:** Rosuvastatin is used to lower your cholesterol.**HOW TO TAKE IT**

- Take drug with or without food.
- Limit your caffeine intake and avoid ephedra products, because caffeine and ephedra may increase the stimulant effects of this drug.

**WARNINGS & PRECAUTIONS!**

- Contact your prescriber immediately if your skin or eyes turn yellow or if you experience unexplained muscle pain, tenderness, or weakness (especially if you also have a fever or feel tired).
- This drug may cause high blood sugar. Contact your prescriber if you develop excessive thirst, flushed or dry skin, fruity breath odor, deep or labored breathing, sleepiness or sluggishness, or nausea.
- Don't take this drug if you are pregnant or breastfeeding.

**SIDE EFFECTS**

This drug may cause headache, weakness, tremors, dizziness, insomnia, increased muscle tone, numbness, tingling, depression, anxiety, vertigo (dizziness or a whirling sensation), nerve pain, palpitations, rapid heart beat, chest pain, high blood pressure, widened blood vessels, swelling, hoarseness, runny nose, sinusitis, stomach pain, diarrhea, nausea, vomiting, constipation, indigestion, stomach inflammation, gastroenteritis (acute stomach and intestinal inflammation causing nausea, diarrhea, abdominal pain, and weakness), passing gas, urinary tract infection, anemia, liver problems, high blood sugar, muscle or bone pain, arthritis, spontaneous bone fractures, back pain, pelvic pain, neck pain, respiratory tract infection, bronchitis, increased cough, difficulty breathing, pneumonia, asthma, bruising, rash, itching, flulike symptoms, accidental injury, infection, and tooth abscess. Notify your prescriber of serious or bothersome symptoms.

**INTERACTIONS**

- Rosuvastatin may interact with some other drugs. Tell all prescribers what drugs you are taking.
- If you must take antacids, take them 2 hours after taking this drug.
- Limit your intake of foods, beverages, and other products containing caffeine.
- Don't take the herb ephedra.

**STORAGE**

- Store drug at controlled room temperature, away from moisture. DON'T store it in bathroom.

**ADDITIONAL POINTS:**

- Follow a standard cholesterol-lowering diet as instructed.
- If you're overweight, exercise regularly as instructed.
- Check your blood or urine for sugar as instructed.
- You will have regular blood tests while taking this drug.

Your initials: \_\_\_\_\_

Date: \_\_\_\_\_